

**BREAKFAST**

MILK IS 1% UNFLAVORED MILK/FAT FREE FLAVORED MILK

JANUARY 2026

LARAWAY CCSD 70C



ALL GRAINS SERVED ARE WG OR WGR

Monday**Tuesday****Wednesday****Thursday****Friday**

French Toast Sticks
Sugar Free Syrup
Fruit Cup
Milk W 11g

6

Sausage Biscuit Sandwich
Orange Slices
Milk W 11g

7

Cinnamon Roll
LL Cereal
Apple K-8th
Apple Slices Pre-K
Milk W 11g

8

Egg/Sausage Breakfast Burrito
Pear
Milk 11g

9

Bacon/Egg Cheese Puff
Dried Fruit
Milk 11g

12

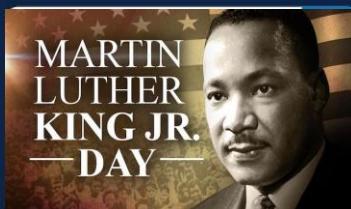
Super Donut
100% Orange Juice
Milk W 19g

13

Maple Chicken Pancake
Wraps
Blueberries
Milk W 19g

14

Chocolate Chip Muffin
LL Grahams/Cheese Stick
Mixed Berries
Milk W 11g

15**Chef's Choice****16**

Bagel/Cream Cheese
Pear
Milk W 11g

20

Banana Muffin
LL Cherrio
Apple K-8
Apple Slices Pre-K
Milk 11g

21

Oatmeal Bar
LL Grahams/Yogurt Tube
Banana
Milk W 11g

22

English muffin/Sausage/Egg/Cheese Sandwich
Grapes
Milk W 11g

23

Apple Frudel
LL Chef Choice
Applesauce
Milk W 11g

26

Egg & Turkey Sausage Breakfast Pizza
100% Grape Juice
Milk W 11g

27

Chorizo Bake
Orange Slices
Milk W 11g

28

Breakfast Charcuterie
Boiled Egg, Cheese Cubes,
Croissant Square (Mrs. Dash)
(2) Apple Slices
Milk W 11g

29

Donut Holes
LL Cereal
Dried Cranberries
Milk W 11g

30

Food Allergies & Intolerances are only accommodated with Physical documentation, per the Illinois State Board of Education. Any accommodations need to be approved by Laraway Food Service Director in partnership with Laraway School Nurse. Pre- K, Kindergarten, and First grade students are provided a free snack daily. Our menus adhere to Nutrition guidelines set by USDA. We reserve the right to alter the menu, based on availability or quality concerns. WG=Whole Grain rich meal component. Fresh Fruit= a possible serving of fresh apple, oranges, banana, pear, berries, grapes and melon. This institution is prohibited from discrimination on basis of race, color, national origin, sex or disability. Questions or Comments regarding menu, please contact: Houston Cantrell (815)277-5196 or hcantrell@laraway70c.org In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form PDF Document (AD-3027) found online at <https://www.ascr.usda.gov/how-file-program-discrimination-complaint>, and at any USDA office, or write a letter addressed to USDA program.intake@usda.gov This institution is an equal opportunity provider. Nutritional information is provided as a courtesy, Laraway CCSD 70C can't guarantee its accuracy