



MILK IS 1% UNFLAVORED MILK/FAT FREE FLAVORED MILK

JANUARY 2026

LARAWAY CCSD 70C



ALL GRAINS SERVED ARE WG OR WGR

Monday

Tuesday

Wednesday

Thursday

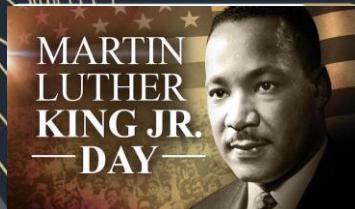
Friday



CHICKEN FAJITA ON TORTILLA, PEPPERS, ONION, 30g
CHEESE & LETTUCE 1g
JICAMA 5g, SALSA 5g, SPANISH RICE 30g, FRUIT 15g
MILK W 11G/C 19G/S 22G



CORNDOG 35g
ONION RINGS 30g
FRUIT 15g
MILK W 11G/C 19G/S 22G



CHEESEBURGER/BUN 35G
LETTUCE/TOMATO/PICKLE 4G
POTATO WEDGES 20G
FRUIT 15G
MILK W 11G/C 19G/S 22G

BEEF NACHOS OR WITHOUT BEEF, CHEESE 45g
LETTUCE/TOMATO/SALSA 6g
SOUR CREAM 2g
FRUIT 15g
MILK W 11G/C 19G/S 22G

GROUND BEEF TACOS/TORTILLA 39g
SALSA/LETTUCE/CHEESE 6g
REFRIED BEANS 20g
FRUIT 15g
MILK W 11G/C 19G/S 22G

CHICKEN ENCHILADA 25G
BLACK BEAN SALSA 15G
SOUTHWEST CORN 20G
FRUIT 15G
MILK W 11G/C 19G/S 22G

2 FRENCH TOAST 30g
SCRAMBLED EGGS, SAUSAGE
HASHBROWN TOTS 22g
FRUIT 15g
MILK W 11G/C 19G/S 22G

CHICKEN ALFREDO/STEAMED BROCCOLI 45g
OR SALAD BAR 15g
FRUIT 15g
MILK W 11G/C 19G/S 22G

CHICKEN TENDERS
CC FRIES 25g
CARROTS/RANCH 6g
BBQ SAUCE 14g
FRUIT 15g
MILK W 11G/C 19G/S 22G

BBQ OR BUFFLO CHICKEN 28G
WINGS 5G
CREAMY PASTA SALAD 30G
FRUIT 15G
MILK W 11G/C 19G/S 22G

LOADED MAC & CHEESE BOWL: CHICKEN, BACON BITS, GREEN ONION 50g
HOT BROCCOLI 6g
FRUIT 15g
MILK W 11G/C 19G/S 22G

RIB SANDWICH 40g
BAKED BEANS 35g
POTATO SALAD 25g
FRUIT 15g
MILK W 11G/C 19G/S 22G

BEEF MOSTACCIOLI 45G
BREADSTICK 20g
GREEN BEANS 8g
FRUIT 15g
MILK W 11G/C 19G/S 22G

CHICKEN GUMBO W/ 29G
CHICKEN/SAUSAGE RICE 40G
CORNBREAD 25G
FRUIT 15G
MILK W 11G/C 19G/S 22G

PEPPERONI FLATBREAD 9G
PIZZA 32g
CELERY/RANCH 8g
FRUIT 15g
MILK W 11G/C 19G/S 22G

CREAMY CHEDDAR BROCOLI SOUP 16g
FRENCH BREAD PIZZA 32g
FRUIT 15g
MILK W 11G/C 19G/S 22G

ITALIAN SAUSAGE PIZZA 36G
GREEN PEAS 15G
FRUIT 15G
MILK W 11G/C 19G/S 22G

BEEF PIZZA PUFF 35G
FRESH BROCCOLI/RANCH 6G
FRUIT 15G
MILK W 11G/C 19G/S 22G

Food Allergies & Intolerances are only accommodated with physical documentation, per the Illinois State Board of Education. Any accommodations need to be approved by Laraway Food Service Director in partnership with Laraway School Nurse. Pre-K, Kindergarten, and First grade students are provided a free snack daily. Our menus adhere to Nutrition guidelines set by USDA. We reserve the right to alter the menu, based on availability or quality concerns. WG=Whole Grain rich meal component. Fresh Fruit=a possible serving of fresh apple, oranges, banana, pear, berries, grapes and melon. This institution is prohibited from discrimination on basis of race, color, national origin, sex or disability. Questions or comments regarding menu, please contact: Houston Cantrell (815)27-5196 or hcantrell@laraway70c.org In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form PDF Document (AD-3027) found online at <https://www.ascr.usda.gov/how-file-program-discrimination-complaint>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: 1) Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW 2) Fax: (202) 690-7442; or 3) Email: program.intake@usda.gov This institution is an equal opportunity provider. Nutritional information is provided as a courtesy, Laraway CCSD 70C can't guarantee its accuracy