

BREAKFAST

Milk Served is 1% Unflavored Milk/Fat Free Flavored Milk

OCTOBER 2025

LARAWAY CCSD 70C



Monday



Tuesday



Wednesday

Thursday

Friday

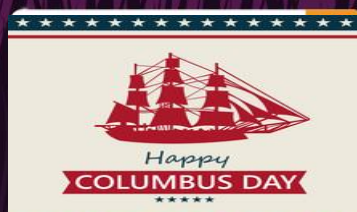
WGR PANCAKE/SAUSAGE
(3)17G (6) 34G
PEAR 27G
MILK W 11G/C 19G

WG LONG JOHN DONUT 44G
APPLE SLICES (2) 18G
MILK W 11G/ C 19G

EGG, CHEESE, SAUSAGE
SCRAMBLE BOWL 9G
STRAWBERRIES 12G
MILK W11G/C 19G

WGR BLUEBERRY MUFFIN 47G
L.L MINI LOAF
GRAPES 14G
MILK W 11/C 19G

WG ENGLISH MUFFIN 26G
EGG/TURKEY BACON/CHEESE
FRESH BANANA 27G
MILK W 11G/C 19G



WG BLUEBERRY CHEX 2G
WG CRACKERS 19G
PEARS 27G
MILK W 11G/ C19G

WG MAPLE WAFFLES 36G
SLICED ORANGES 21G
MILK W 11G/C19G

ZEE ZEE'S APPLE CRISP BAR
(1) K-3 24G (2) 4-8 48G
LL GRAHAMS/CHEESE STICK
BLUEBERRIES 11G
MILK W 11G/19G

**WGR EGG/SAUSAGE CROIS-
SANT** 31G
100% ORANGE JUICE
MILK W 11G/ C 19G

WG FROOT LOOP WAFFLES 32G
PEARS 27G
MILK W 11G/ C19G

YOGURT 19G
LL YOGURT TUBE/GRAHAMS
GRANOLA 20G
BLUEBERRIES 11G
MILK W 11G/ C 19G

WG EGG/SAUSAGE/CHEESE
BURRITO 20G
DRIED CRANBERRIES 27G
MILK W 11/ C 19G

WG BLUEBERRY BREAD 45G
LL MINI LOAF
SLICED ORANGES 17G
MILK W 11G/ C 19G

WG CHICKEN BISCUIT 29G
FRESH APPLE 17G
MILK W 11g/C 19g

**WG PAN-
CAKE/SAUSAGE/CHEESE**
SANDWICH 18G
GRAPES 14G
MILK W 11G/ C 19G

WG BAGEL 34G
CREAM CHEESE
BANANA 27G
MILK W 11G/ C 19G

WGR EGG /CHEESE WRAP 13G
APPLE SLICES (2) 18G
Milk W 11G/ C 19G

CHEF CHOICE

EARLY DISMISSAL 11:30A.M.
WG EGG CHEESE PIZZA
100% GRAPE JUICE
MILK W 11G/C 19G

Food Allergies & Intolerances are only accommodated with Physical documentation, per the Illinois State Board of Education. Any accommodations need to be approved by Laraway Food Service Director in partnership with Laraway School Nurse. Pre- K, Kindergarten, and First grade students are provided a free snack daily. Our menus adhere to Nutrition guidelines set by USDA. We reserve the right to alter the menu, based on availability or quality concerns. WG=Whole Grain rich meal component. Fresh Fruit=a possible serving of fresh apple, oranges, banana, pear, berries, grapes and melon. This institution is prohibited from discrimination on basis of race, color, national origin, sex age or disability. Questions or Comments regarding menu, please contact: Angela Crowder (815)727-5196 or acrowder@laraway70c.org In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877- 8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form PDF Document (AD-3027) found online at <https://www.ascr.usda.gov/how-file-program-discrimination-complaint>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632- 9992. Submit your completed form or letter to USDA by: 1) Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW 2) Fax: (202) 690-7442; or 3) Email: program.intake@usda.gov This institution is an equal opportunity provider. Nutritional information is provided as a courtesy, Laraway CCSD 70C can't guarantee its accuracy