



OCTOBER 2025

LARAWAY CCSD 70C



Monday

Tuesday

Wednesday

Thursday

Friday

WGR VEGGIE CRACKERS
100% JUICE

BEEF STICK
CHEESE STICK

WG STATES & CAPITAL
CRACKERS
CUCUMBERS/RANCH

WG TEDDY GRAHAMS
JELLO

WG PITA CHIPS
TACO DIP



WGR ANIMAL CRACKER
RAISINS

WG STRAWBERRY CHEX
CARROTS/RANCH

WG CHEDDAR GOLDFISH
APPLESAUCE

WHEAT CRACKERS
CHEESE CUBES

WG FRITOS
BEAN DIP

WG PRETZELS HEARTS
YOGURT TUBE

TURKEY STICK
CHEESE STICK

WG CHEESE PUFFS
STRAWBERRY CRANBERRY'S

WGR SCOOPY CRACKERS
DRIED FRUIT.

WG TOSTITOS
GUACAMOLE

WG CHEEZ ITS
MINI PEPPERS/RANCH

CELERY STICKS/APPLE SLICES
WOW BUTTER

WGR CRISPY GRANOLA BITES
PINEAPPLE

EARLY DISMISSAL 11:30 A.M.

CHEF
CHOICE

Food Allergies & Intolerances are only accommodated with Physical documentation, per the Illinois State Board of Education. Any accommodations need to be approved by Laraway Food Service Director in partnership with Laraway School Nurse. Pre-K, Kindergarten, and First grade students are provided a free snack daily. Our menus adhere to Nutrition guidelines set by USDA. We reserve the right to alter the menu, based on availability or quality concerns. WG=Whole Grain rich meal component. Fresh Fruit=a possible serving of fresh apple, oranges, banana, pear, berries, grapes and melon. This institution is prohibited from discrimination on basis of race, color, national origin, sex age or disability. Questions or Comments regarding menu, please contact: Angela Crowder (815)727-5196 or acrowder@laraway70c.org In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877- 8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form PDF Document (AD-3027) found online at <https://www.ascr.usda.gov/how-to-file-program-discrimination-complaint>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632- 9992. Submit your completed form or letter to USDA by: 1) Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW 2) Fax: (202) 690-7442; or 3) Email: program.intake@usda.gov This institution is an equal opportunity provider. Nutritional information is provided as a courtesy, Laraway CCSD 70C can't guarantee its accuracy